



# Adventures in the Yucatan!

2024-2025

# High level itinerary... *(still subject to modification)*

0. Sat	Arrive & transfer from Cancun airport to hotel
1. Sun	Coba ruins & lunch with Mayan family
2. Mon	Punta Laguna (spider monkeys!)
3. Tues	Visit local Mayan Village (organic farm, cook lunch)
4. Weds	Tulum archaeological zone + explore Tulum (Mystik, lunch, etc)

5. Thu	Akumal animal sanctuary
6. Fri	Low Key Day... mix of water activities, kids club, beach activities, no stress, etc
7. Sat	Muyil & Sian ka'an biosphere
8. Sun	Go home...Transfer from hotel to Cancun airport

## Notes:

- There will be **2 parent-night-outs with babysitters** (like cooking class, dinner, etc).
- *We will have the same transportation each day so the **car seats can stay in the vehicle***
- I've also tried to balance out shorter days and longer days :)

# The pre-trip plan

- You'll have the opportunity to do some fun, educational prep before you go so the kids will have context for what they're seeing/experiencing! (Content will be provided)
  - Mayan movie night with bingo boards
  - Yucatan Animal Night
  - Mexican Cooking Night
  - Mexico Money and Facts Night
  - Final Prep Night: vocabulary, weather, packing, etc
  - Kid-book and podcast recommendations for families to learn about Mayans and more

Pre-learning will lead to more excitement and engagement from the kids when you're actually IN the Yucatan, which means that you'll enjoy in-destination activities more too :).



# Saturday: Arrive!



Arrive, get transferred from Cancun airport to the hotel, get situated, go for a swim  
get some snacks, etc

*(airport transfer included)*

# Day 1: Coba Ruins

Coba is the second-most important archaeological site in Mayan culture, and what's amazing is how undisturbed it is and how you can still explore around so much of it.

Coba is also different than other Mayan sites – isn't just "one" site, like Chichen Itza. It's actually a series of sites connected by white roads.

And these roads are quite fun for the kids – they get to go on "Mayan limos" along the pathways to/through the ruins :).

After the "ruins" part, we'll be able to swim in a cenote to cool down and have a traditional lunch with a local Mayan family. Lots of opportunity to chat and learn!

Fun fact: Coba means "waters stirred by the wind"!



*At 137ft, the Coba grand pyramid (Nohoch Mul) is the tallest pyramid in the Yucatan; it's 40% higher than the tallest in Chichen Itza!!!*



"Mayan limo" :)

# Day 2: Punta Laguna & Spider Monkeys

Punta Laguna is the gateway to the Otoch Ma'ax Yetel Kooch National Protected Area, home to spider monkeys, howler monkeys, and many other types of animals and plants.

Here, a local Mayan guide will take us on a walk through the protected jungle so we can see various monkey species (like Spider Monkeys!) in their natural habitat, which should be super cool for the kids. We will also see a traditional Mayan shaman ceremony, do some canoeing, zipline, and rappel into a cenote or swim in the lake (yes, the 1&2 year olds will be best at the lake, not rappelling – but both are very enjoyable).

This evening we'll have babysitters for the kids and parents will do a cooking class!

*Mayan Community Note: the Punta Laguna Nature Reserve is operated by and directly benefits local Maya people. In 2002, the community of Punta Laguna founded the Najil Tucha cooperative, which is collectively run by the approximately 30 families in town. Revenue from tourism is divided between the families.*



Monkeys!



Cenote!



Zip line!

Little Stints

# Day 3: Mayan Life: Cooking, Crafting, & Organic Farm

Today we'll get to live like Mayans!

We will visit a Mayan village, established by farmers and gum collectors "Chicleros" in 1952. We will meet a local family and learn up close about the modern life of the Maya.

Then we'll go to their organic garden where we'll harvest organic products to prepare a very traditional -Piib- the practice of cooking a wide variety of meats, vegetables and other local food in an underground oven! Wooahoo! Get your bellies ready!! :)

Then, of course, we actually get to eat the meal, prepared by the things we harvested! Yay for Mayan farm-to-table!

After that, we'll also visit a local family who rescues animals and cares for them.

And then, this evening we'll have babysitters and the parents will go out to dinner at a local restaurant





# Day 4: Tulum Day

## Visit the archaeological zone of Tulum!

Built by the Mayans, it was once a walled-in city and much of the city is still standing (in ruins)! We will have a guide and we will try to do this on the earlier side so it's not as hot or as crowded. The location is gorgeous (right above the ocean!) and we will learn lots!

After that, we'll have lunch and then visit:

**Mystika Immersive**: *“Mystika is a one-of-a-kind sensory experience, designed to take the viewer on a journey to connect with Mayan cosmology, with Mexico's most impressive nature sanctuaries, and with the spiritual power of horses: healing, wisdom and evolution totems.”* It's also air conditioned (yay!) and just totally different from anything else on the trip – and the kids enjoy all of the mirrors and light-displays.

Then we'll continue on to the new beachside hotel!



## Day 5: Akumal Monkey Sanctuary

Akumal is a sanctuary for animals that (for whatever reason) cannot live on their own in the wild – and so are cared for by humans. There are more than 50 rescued species! It is the only place in Mexico with an educational bonding program with primates! We'll get to be hands on with macaws, snakes and some cuddly little primates. The kids should enjoy this and we ought to have a lot of fun photo opps :)



# Day 6: Low key, Beach/Water Relaxation day

We will take a break from all of the “scheduled” activities so we can enjoy the beach and water and all that is offered :)!

Water activities (snorkeling, swimming, paddle boarding, catamaran-sailing, kayaking, etc)

Kids club

Sand castle building

Tennis

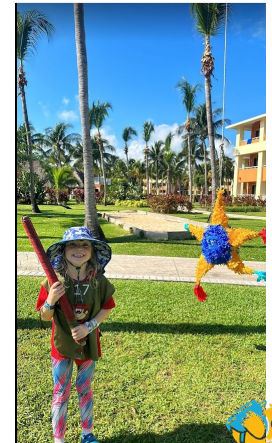
Eating

Live music

...and more!

The **kids club** has been a big hit for the kids – they get some space from parents and do activities like pinata-making, prepping for talent shows and plays, swimming, arts/crafts, tennis, soccer, cupcake-making, etc. And parents get a lovely respite from their kids as well :) ...so it's a win:win for all!

Also, each evening there is an optional kid-parent activity too (like the talent show, the play, karaoke, dance party, etc). Everyone ends up having a blast!



# Day 7: Muyil & Sian Ka'an biosphere

**This day is going to be awesomely naturey and outdoorsey...**

The ancient Maya site of Muyil is located in the northern section of the Sian Ka'an biosphere reserve. This millenia-old trading post, nestled on the edge of the freshwater lagoon systems and the tropical forest, is the perfect place to enjoy an introduction to Mayan history & ecology.

We start by learning about the ruins, birds, plants, trees, nature, etc – and taking a walk through “picturesque temples” which stand “undisturbed among the trees”.

Next, we take boats and cross two small lagoons (life jackets included)...and then we arrive at a lazy river where we get to get out and float downstream in our life jackets for 1km. All ages will love this; see the very happy smile on this 2yr old's face as evidence enough :) ...



# Day 8 (Sunday): Transfer to airport and fly home



Airport transfer included

# Pricing

## What's **INCLUDED**...

- Airport transfers from Cancun airport -> hotel and back again
- Lodging (ie your hotels ... there will be two different ones; we'll switch midweek for two different experiences)
- Daily Transportation
- Entrance fees
- Guides
- Daytime activities
- All breakfasts
- Most lunches
- Some dinners (around half)
- Babysitters
- Parent evening activities

## The price will **NOT** include:

- A few of the other dinners
- Airfare

**So we can get you the right price for your family, please submit your information using [this little form](#) – thanks!**

# Lodging: two VERY different experiences

1. First 4 nights: A small, mom & pop Mayan hotel in Coba, which is a small, more rural & authentic little pueblo in the more jungle-like area by ruins. The hotel has a pool, serves breakfast (and lunch/dinner), and will help with babysitters and adult cooking class :). It is also very close to the first 3 days of activities, making the drives much shorter and easier on the kiddos :)!
2. Last 4 nights: A more resort-style hotel by the beach to the north of Tulum ~15 min or so... with big pools and water slides for kids, some activities on the beach are included (like paddleboarding), a kids club (only for ages 4+), and variety of restaurants. It is closer to several of the other days' activities, and should offer a lot and be easy all at the same time :)



# Contact us

Booking form: [go here](#)

Email: [Jessica@littlestints.com](mailto:Jessica@littlestints.com)

Phone: +1 619.786.4816

Chat: [pick a time on our calendar](#)



We look forward to hearing from you!